



Connections

ENHANCING LIFE'S RELATIONSHIPS THROUGH CONNECTION.

JANUARY 2007

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Greetings Barn Buddies!

by Marcia Moore

I hope that you all had a wonderful holiday season with your friends and families. I get so excited for this time of the year. It's time to reflect on the past and look forward to the future. As for looking back on 2006, wow! What a great year we had at MM Training and Consulting. First of all, I am always so amazed at you, our clients. You all are the best! I love the way you stretch yourselves and continually look for opportunities to learn and grow.

I just recently talked to a client/friend of mine. She had just attended the World AQHA show. She shared her thoughts with me about the decline in overall horsemanship she witnessed at the show. I told her that I thought that was odd, that in my small world, I believed that the overall horsemanship had greatly improved. One testimony to that is the progress our clients are making while training their own horses with the MM Training Program. I am so impressed! You all inspire me! I am seeing clients successfully training their own horses like I have never seen before. It is so fun to watch!

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Speaking of fun - last spring, many of us attended a Lynn Palm clinic together. It was so interesting for me to be a part of the learning experience as a participant instead of as the teacher. During that clinic, I think many of you learned the real meaning of intensity. Don't I seem like a marshmallow compared to Lynn? In all seriousness though, I think Lynn is an awesome instructor. She challenges her students and takes such a special interest in the success of each one of them. I want to make sure that all our clients who participated knew that Lynn congratulated me on such a great group of riders. I certainly don't take the credit for all of your hard work, but way to make me look good, barn buddies!

Another area where I see great progress is our clients' ability to critically look at the information they are consuming. I believe each of us needs to look

at things with a critical eye. It helps us form our own opinions and define who we are and what we stand for. One of our goals at MM Training is to work our way out of a job. We strive to have our clients leave our barn with high standards and a strong set of principles by which to govern their horsemanship. We want to give them a basis for critiquing information, horses, trainers, instructors, etc. And, please remember that a critical eye doesn't mean that we are being negative. Think of it as Davalee says, "We are just being high maintenance consumers."

Now on to the present. I am so thrilled about this year's newsletter. It's packed full of what makes MM Training and Consulting different from the rest. It's all about taking what we know and learning from working with the horse and using it in other areas of our life such as emotional healing, leadership in the work force and solving people/ relationship problems. I was once told that the ability to take what we know in one area and put into another area in our lives is called a higher form of learning. I know many of you do this already, and we can't wait to get your feedback.

In closing, I am so grateful for having so many good, inspiring people in my life. Our barn crew feels so blessed to have you all come over to our barn to play, to learn and to grow. Let's set some new goals, and let us help you make your goals your reality. I'm truly amazed at what can happen in one short year, when we put our prayers, our intentions and our efforts in a single direction!

On a personal note, many of you already know that last January I set a goal to make room in my life to start dating. Not only did I start dating, but in the same year, God brought me a wonderful new husband. His name is Joe Harrison; he loves the barn and what it stands for. I can't wait for you all to meet and get to know him! Please come and join us for all the fun we have planned for you in 2007!

EDITOR
Sue McMurray

DESIGNER
Barbie Miller

CONTRIBUTING WRITERS
Marcia Moore, Davalee Minden,
Sue McMurray

ADDRESS CHANGES &
SUBSCRIPTION REQUESTS
Barbie Miller
1171 East Rock Creek Rd
Potlatch, ID 83855
bmiller@potlatch.com

COMMENTS & QUESTIONS
Editor, *Connections*
5402 Old Moscow Road
Pullman, WA 99163
suem@uidaho.edu

MM TRAINING AND CONSULTING
5985 Hwy 95
Potlatch, ID 83855
208.875.1309
www.mm-horsetraining.com

MARCIA MOORE
Owner, Trainer, Coach

DAVALEE MINDEN
Trainer, Coach

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Betty Nagle and Cowboy

Overcoming Leadership Crimes: Motivating Your Horse Toward Its Best Performance

by Davalee Minden

As a human resources manager and a horse trainer, I value this quote by Marian Anderson: “Leadership should be born out of the understanding of the needs of those who would be affected by it.” It resonates with me because I think clear expectations make for happy, willing employees in the work place and happy, willing horses in and out of the show ring.

At work, I’m concerned about how to keep employees happy and productive. My job is to listen to the things employees say are important to them and provide them to the extent that my resources allow. This is called answering the employee’s What’s In It For Me (WIIFM) question. Employees have certain things that motivate them. Motivators might be money, flexible hours, autonomy, clear expectations or many other things. As a leader, if I can identify what motivates them and provide it, then I will get better performance from them.

I was looking at articles on employee retention the other day and came across a survey of the top five things employees say cause a reduction in their performance. Here are the top three:

- ▶ Leader’s lack of clarity about expectations
- ▶ Leader’s lack of feedback about performance
- ▶ Leader’s failure to provide a framework within which the employee perceives he can succeed

As a horse trainer, I’ve often wished I could survey a group of horses and ask them what causes a reduction in their performance. I bet they’d say exactly the same things those employees did.

As an employee, maybe you’ve

experienced one or more of the three things that cause performance reduction. You might understand how frustrating those situations can be. If you never get any feedback, or if you get inconsistent feedback from the leader, then it’s hard to tell if you’re doing the right things or not. You also never feel rewarded or that you’ve done a good job. If the leader never tells you what the expectations are, then it’s hard to measure your performance.

Sometimes you can’t even tell when you’ve completed a project because you were never sure what the end expectation was. Poor leadership has set you up to feel like a failure.

Our horses can relate to these frustrations. Many times as trainers, we show poor leadership and leave our horses feeling that they can’t win. As a trainer, have you ever failed to give your horse clear, consistent feedback about his performance? Have you punished him for the same

behavior that you previously rewarded him for? Have you ever punished or rewarded your horse without even realizing it? How are you at setting clear expectations for your horse? Do you know what your expectations are, and do you expect your horse to live up to them? Or are you inconsistent in your expectations and on some days expect your horse’s performance to be perfect while on other days you settle for “good enough?” As a trainer, do you set your horse up to succeed? Or do you place him in situations where he can’t possibly succeed, whether from his lack of ability, lack of training or lack of experience? If you have committed these leadership crimes,



Just as an HR manager needs to identify what motivates employees, trainers need to identify what motivates their horses. Answering the horse’s question, WIIFM, helps you identify your horse’s motivations and opens the door to an improved level of performance.

“Leadership should be born out of the understanding of the needs of those who would be affected by it.”

Marian Anderson



Marcia demonstrating a counter canter.



◀ don't despair. Every trainer at one time or another has committed one of these offenses.

Just as an HR manager needs to identify what motivates employees, so trainers need to identify what motivates their horses. Answering the horse's question, WIIFM, helps you identify your horse's motivations and opens the door to an improved level of performance. It also helps you identify areas in which you can improve your leadership and training skills.

So, what does your horse need? Just like humans, the horse needs clear expectations. Clear expectations mean setting the rules the horse will live by whenever he is with you. Horses understand clear expectations very well because they experience them from the time they are born. In a herd, other horses set the expectations, and they maintain them very clearly and consistently. For example, if the herd is going for a drink and the #2 horse in the pecking order tries to crowd ahead of the #1 horse, you can be sure there will be some swift and clear retribution for the #2 horse. The #1 horse will reinforce his expectations of the #2 horse's behavior every time the #2 horse steps out of line. If the #1 horse doesn't enforce his expectations, the #2 horse will quickly begin to test the rules. Horses are incredibly aware of body language, and the first time the #1 lets the #2 horse step away from the set expectations, the #2 horse is going to start pushing toward the #1 spot. Horse #2 will challenge horse #1 in small ways, then in bigger ways until horse #1 reestablishes his expectations or until the #2 horse becomes #1 in the pecking order.

As a trainer, you must set your expectations very early in your relationship with the horse. That's why

A horse that is set up for success has a willing attitude. The horse knows that he can succeed, and he trusts his rider to be fair in correcting and rewarding his attempts.

underground, or round pen, training is so important. We must establish a herd that consists of us and our horse, and we must consistently communicate to the horse that we are #1 in the herd. A horse that understands what is expected of it will try to please you.

Secondly, your horse needs to have clear, consistent and fair feedback about his performance. When you're in the round pen, your body language needs to send an obvious message of what you're asking the horse to do. Be fair to the horse by limiting the amount of body language you give him to just what's needed for the horse to "get it." When the horse responds correctly, be fair in rewarding him immediately with a removal of pressure, a softening of your body language and a verbal reward. When the horse shows an incorrect response, be fair by correcting him immediately

so he understands exactly what the expectations are. Reward him every time he's right and correct him every time he's wrong. Soon the horse will know exactly what your expectations are and will relax and respond. The horse will feel assured in his actions and confident that he's doing what he's supposed to do. He won't worry about having to guess and then being punished for guessing incorrectly. Instead he'll follow your expectations willingly. And, a willing horse's performance is always better than a worried horse's performance.

Lastly, you need to set your horse up for success. You've probably seen the horse that's been set up for failure. He's the one in the trail class that is trying to respond to side pass cues when he's never been taught to side pass. The "trainer" first nudges him in the side, then bumps him, then gives a mighty kick, all to no avail. The horse has not the slightest idea what the

(Continued on page 5)

"The task of the leader is to get his people from where they are to where they have not been."

Henry Kissinger



Davalee instructs from the back of her horse, Chip.

Thank you Beth Cree for contributing the photos featured in this newsletter.

Solving People Problems With Horse Training Logic

by Marcia Moore

"People will forget many things in life...One thing that they won't forget, however, is how you make them feel. True emotional maturity and mental health come when we can get over ourselves and make life about others."

Taylor Hartman

At MM Training and Consulting, our expertise is foundational training for horse and rider. In addition to our comprehensive riding/training program, I also believe that we offer our clients a unique gift. This gift is using the concept of horse training logic to solve people problems. Many may think this type of problem solving is just too simple for complicated people problems, but I'm convinced that many people problems are perceived to be much more difficult than they really are.

As for myself, the horse trainer side of my brain gives me more clarity; it helps me get the garbage out of the way. To me, garbage is unnecessary emotion and detail, all of which we never need to be an effective horse trainer. Effective horse trainers don't consider how they feel about a certain problem with the horse. They are only concerned about what the horse needs from them to create the desired behavior that they want from the horse. Period!

I've asked myself many times why I even started using horse training concepts to help me make sense of people problems. I've wondered if it's because I grew up with horses and have worked with them my whole life. Maybe it's because I have spent more time with horses than with people. I know I'm a visual learner, so maybe my work with the horse just gives me a word picture to draw from. Or maybe it's a combination of all three aspects. The only thing I know for sure is that horse training requires relationship skills, and horse training logic helps make mine and others' relationship problems seem much simpler.

For example, what if we looked at our people problems by using the MM Training concept of "Trust and Respect?" What if when a people problem arose, we asked ourselves if the person lacked trust in us or lacked respect for us? Then we would adjust our response accordingly. What if we all strived to be more self aware of our personalities and what those personalities brings out in others?

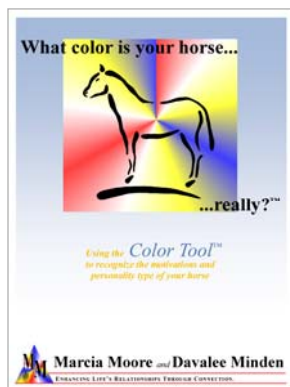
Because I have the Red Sorrel* personality, I can assume most of the time my problems with horses and people will be a trust problem. This isn't because I am untrustworthy, but because my personality, without even

trying, can create fear and uncertainty in others. I certainly do not have this perfected, but since I am aware of what my personality causes in horses and in people, I have tried to make some changes. And isn't that like a good horse trainer? To bring out the best in the horse, we don't

just expect the horse to adjust to our personality, we have to adjust to the horse's personality.

How about the concept of the "Caught Ya" principle and the "Reward Ritual?" What if we consciously looked for what people do right instead of what they do wrong? Personally, I like to think that I have high standards. But to others, that sometimes looks like I'm being critical. When I consciously look for what others are doing right, it makes me happier, and I know that it makes them happier. In horse training, we reward the "try." We reward the step in the right direction. We don't wait for the horse to perfectly perform the maneuver and then reward it. What

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* If you are not familiar with the Red Sorrel personality, it comes from our horse personality model. "What Color is Your Horse...Really?" booklets are available for \$10.





◀ if we did that in our personal lives? We could reward the effort, and when that was consistent, then we could start rewarding the added effort.

What if we always kept in mind the horse training concept of “it gets ugly before it gets pretty?” I heard from a psychologist one time that the same thing happens when we are trying to create positive change in our children. She said that most parents quit right before the change is about to happen because the problem started looking worse to them. We understand that concept with our horses. We know we can be doing everything right, but we have to stay persistent and consistent and believe the horse is eventually going to learn it. When it gets ugly, a good horse trainer stays very unemotional. We know for sure that added emotion will add to the problem. What if we knew that with our children? What if we remained calm during emotional chaos with our children? Personally, I have had my moments of doing this. It really

To bring out the best in the horse, we don't just expect the horse to adjust to our personality, we have to adjust to the horse's personality.

is so much more powerful than creating more tension and chaos with added emotion.

Here at MM Training and Consulting, we believe horse training logic can be a great tool for managing our people problems. It's an awesome conversation when we have others that will join in on this sort of communication with us. We really start feeding off one another, and to me, it seems like we go to a higher level of communication.

If you feel you don't have enough horse knowledge to use horse training logic to aid in your people relationships, please join us for our 3-D Mini Clinics in the spring. This concept will be a focus in all of our clinics this year. As for our current clients, I know many of you already use this concept to help make sense of your people problems. We would love to hear from you. E-mail us at marcia@mm-horsetraining.com. Your name will go into a drawing for a free lesson, and who knows, maybe you'll see your story published some day! ▲

“The amazing thing is that in changing ourselves, we actually can impact others.”

Jennifer Ferch
NBC Camps



Sharon Moore riding Jitters.

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rider is asking. He tries to respond in several ways but is punished for every response. The horse feels frustrated and resentful and quits trying or even aggressively attempts to escape punishment. The rider has broken trust with the horse, set the horse up for failure and failed to be a leader.

In contrast, a horse that is set up for success has a willing attitude. The horse knows that he can succeed, and he trusts his rider to be fair in correcting and rewarding his attempts.

The following are answers you need to give your horse when he asks WIIFM:

- ▶ I promise to give you clear expectations of what I want.
- ▶ I promise to give you consistent feedback (rewards and corrections) about your performance.
- ▶ I promise to set you up for success and keep you out of situations where you will fail.

A horse that knows What's In It For Him has a willing heart and a high performance level. Trainers that can consistently and positively motivate their horses are true leaders that will always get the most from their horse. Building that kind of relationship is what connection is all about. ▲

“You're not working on your horse; you're working on yourself.”

Ray Hunt



Therra Alexander aboard Jessi. Good 'ol Jessi has done this so many times, she can do it with her eyes closed!

“Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved.”

Helen Keller



Amy Larson is pleased with her colt, Gunner.

Horses: A Cure For What Ails You

by Sue McMurray

Have you ever had a headache that lasted all day, no matter what you did, yet it miraculously disappeared almost as soon as you stepped foot into the barn? Or have you ever struggled with your emotions and been so depressed you can't see a way through it until after you've gone riding?

If these scenarios sound familiar, you are probably aware of the special healing properties of the horse. Horses can connect with people in ways that often seem supernatural. They seem to innately know where a person's weak spot is and provide a source of intangible support to help that person overcome it.

Using horses for the physical rehabilitation of humans is the more popular type of “equine therapy” – the kind that is measurable and able to be captured in a snapshot. But I would rather illustrate a few examples of the emotional “therapy” horses give us, stories that often go untold because of the private nature of the emotional wounds humans carry around until an experience with a horse starts a healing process.

I'll start with my own story. When I was four, my family was involved in a serious car accident that left my sister a paraplegic and my father a quadriplegic. They hit icy roads in Moses Lake at the end of the Thanksgiving holiday in 1969, while driving my sister and her roommate back to WSU. Luckily, I was not in the car, but I suffered emotional damage that took years to deal with. Our family dealt with crisis in a private way – too private. It was like we took this enormous hit, but we acted like nothing happened. We didn't talk about what any of us were feeling or that our lives were now changed forever. I remember often being in a fearful and anxious state of mind. I had trouble sleeping, I was often nauseated and I

had a hard time handling my emotions when I started school. My report cards often had penned notes from my teachers that said “needs improvement in self control,” which meant I often got upset and panicky in class over little things like forgetting to put my name on my paper before I handed it in. I was too afraid to ask for it back and risk seeing my teacher's disapproval. As years went by, I became withdrawn, depressed and silent. The one thing that made me happy was animals. I had several dogs that were a great source of comfort to me, but I always longed for a pony.

My dream came true one night when my older brother, Dan, came home with a Shetland pony named Gypsy. Dan didn't have a lot of money, but I think maybe he sensed I was in bad emotional shape, and he knew I loved horses more than anything. He made special arrangements to get me that pony, and it is one of the best memories I'll ever have.

Gypsy wasn't much for riding. A witherless wonder, Gypsy would run and put her head down so that I would slide down her neck and fall off. She could bow her neck and charge straight through any one rein stop I could attempt, but I didn't care. She was the inspiration for many drawings that replaced the words I didn't have to express my emotions and the trauma I'd been through. She was there in the pasture with her thick mane I could brush and her little solid body that I could lean against when my dad was hurting and didn't want me around him in the house. She was the stepping stone to my next horse, Joe, that was given to me at age 10 by a kind neighbor. I rode and showed Joe for nine years until I graduated high school and started college.

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◀ In short, my brother's gift to me started me on the road to emotional recovery. Starting with the horses of my youth, I learned life skills like confidence, leadership and staying calm in a crisis. I eventually got over my extreme shyness and a lot of other insecurities. My bad dreams went away. At school, I became known more as "that girl who likes horses more than boys" instead of "that weird girl who never smiles." It's been a long journey, and I still have some scars, but I think horses came into my life at a crucial time and were divinely provided.

I like to think that at times I may have been an example to others like me, who have suffered an emotional setback and found a way through it by connecting with horses. One friend of mine, Lori, comes to mind when I consider how I might have encouraged someone else to discover the special healing ways of horses.

I met Lori through my daughter's kindergarten class in 1999. Her daughter and mine became fast friends and shared a love of animals, especially horses. I learned Lori also loved horses and had dreamed of owning one her whole life.

One day I invited her to ride with me on the alpine trails of our family's

ranch. Lori shared with me that she had been through a hard time with her family's business. She had been under a lot of stress that was affecting her in negative ways, with symptoms similar to what I went through after the accident, symptoms severe enough to warrant medication.

As we were riding, she told me she felt so relaxed and happy, and that she wanted more than anything to get horses for herself and her daughter so that she could continue this horse-induced sense of joy. When we got back to the ranch house, we were both laughing and feeling great, and it made an impression on her husband. When she blurted out "Can I get a horse?" he didn't even hesitate to say that if it would make her as happy as she was right then, she should start looking tomorrow!

Since that day in the woods, Lori has bought herself and her daughter horses that fulfill their dreams and sustain their emotional bank accounts. Lori often recounts that after she's had a stressful day in the office, it all falls away the minute she gets her horse out of its stall. She no longer has to live with the anxiety she once had because now she has an outlet that is far more rewarding than any medicine a doctor could prescribe. ▲

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"Even though you may want to move forward in your life, you may have one foot on the brakes. In order to be free, we must learn how to let go. Release the hurt. Release the fear. Refuse to entertain your old pain. The energy it takes to hang onto the past is holding you back from a new life. What is it you would let go of today?"

Mary Manin Morrissey

Round Pen of Life

Our lives in the hands of our heavenly Father as the trainer can closely parallel that of the horse in the hands of his trainer. In the round pen, a trainer is looking for his horse to pay attention to him—to have his ear tuned in, his eyes attentive and tuned into the cues of his handler. The handler wants submission and respect. At times, the stress level (adversity) is raised with the end result becoming trust, loyalty, respect, submission and even humbling as the head is bowed. As my heavenly Father takes me through the round pen of life, may my eyes be attentive to Him, my ears in tune, my heart trusting and my head bowed in reverence.

- Jeannie Sapp



Clinic participants listen closely as Marcia explains a cue for an exercise.



Bobbi Smith riding Bux.

The Art of Lunging

Last summer, MM Training instructors focused a good portion of ground training lessons on teaching our students correct lunging techniques. Through the years, we have found that lunging can be such a great training tool for horse and handler. Handlers can learn some skills that will improve their overall horsemanship, and the horse can learn a number of maneuvers to add to its future training success under saddle. Lunging is not an easy exercise to perform, nor is it easy to teach. But, as instructors, we felt that we needed to address lunging in more depth because we saw so many people lunging their horses incorrectly. If you don't lunge correctly, you will never reap the rewards that proper lunging can bring to you and your horse.

We see many horse owners use lunging only to blow off their horse's steam—letting their horses run around with their heads hanging out of the circle and dropping their shoulders. Or worse yet, the horse is totally undisciplined and deciding what gait it chooses to perform and when it choose to do it. I think lunging in this manor is such a waste of time. If we are going to take the time to lunge, wouldn't it be beneficial to advance our horse's training while doing it? Proper lunging is a very disciplined exercise, and it requires control of the horses body parts.

The first body part we need to control is the horse's mind. The MM Training Program achieves control over the horse's mind in the round pen (underground training) before ever teaching horses to lunge. Once we have established control over the horse's mind, the second thing we need from our horse is consistent movement in both directions. Our program achieves this with our baby lunging technique.

by Marcia Moore

Then, when we have mind control and consistent movement in place, the next priority in lunging correctly is to expect our horses to arc their bodies around the circle. By doing, this we are developing our horse's muscle memory. This memory is very important because it will carry over into the saddle. When I start a colt, I can always tell if it has been lunged properly. It understands what a circle is.

When our horses are being disciplined, and they are holding a circle on their own, we are then able to go to more advanced training on the lunge line. This advanced training will again be maneuvers that we will expect from our horse when riding it. Maneuvers include smooth upward and downward transitions, rating speed and performing three speeds to every gait. We eventually can even teach the horse the beginning stages of collection on the lunge line, while performing

If we are going to take the time to lunge, wouldn't it be beneficial to advance our horse's training while doing it? Proper lunging is a very disciplined exercise, and it requires control of the horse's body parts.

large and small circles.

Throughout all the lunge line training, handlers are learning many skills as well. On the ground, they are able to see correctness even if they can't feel it yet in the saddle. They are learning to read their horses better. They are becoming more self aware of their own body language and what it is telling their horse. And believe it or not, they are honing their rhythm, timing and feel skills as well. All of these aspects make them better horsemen and riders.

If you are interested in learning more about the benefits of proper lunging, please join us for the ground training dimension of our 3-D Mini Clinics. We will help advance horses and handlers to a new standard for their lunge line work and demonstrate how the art of lunging can be a powerful tool to add to any training program. ▲

"Worrying does not empty tomorrow of its troubles; it empties today of its strength."

Corrie Ten Boom



Marcia King riding Ebay.



Patterns: A Great Training Tool

by Marcia Moore

Pattern work is an integral part of horsemanship. Patterns teach both horse and rider a myriad of skills and can easily be modified according to ability. I like to incorporate pattern practice with all my clients; not only for those who show and will be inevitably asked to perform pattern work, but also for those who are working toward establishing a deeper level of connection and control with their horses. Below are three skill levels and a rationale for using pattern work at each level.

Beginner Riders

Patterns are a great way to teach a rider direction control. Because of their lack of knowledge and skill, many beginning riders are more of a passenger (reactive) than a driver (proactive). The cones and obstacles give riders a visual to know they are directing their horse where they want it to go. When performing the pattern, we are not so concerned with correctness as we are with the rider getting the horse through and around the obstacles.

Intermediate/Advanced Riders

Patterns help these riders with their precision and timing. At this level of riding, we are very concerned with correctness. Are their circles perfectly round? Is their timing correct enough to stop the horse exactly with its front feet lined up with the cone? Is the horse making a transition immediately and smoothly at the cone? More intricate patterns also help improve the rider's concentration.

Training Horse

A horse has to be able to perform the maneuver without the cones and obstacles before you add them to a pattern. For example, we wouldn't ask a colt to lope a perfectly round circle through sets of cones if we couldn't guide it on a decent circle first. Eventually, patterns are a great training tool because we are expected to perform the maneuver/transition at the marker, forcing us to find the holes in our colt's training. ▲



Marcia coaches Barbie Miller during a 3-D clinic.

We are so excited to offer our 3-D Rider™ Manual as a valuable tool to aid in your progression through the 3-D Rider Program. To be labeled a good horseman, one should have a solid philosophy in life and horse training, keen horse sense, good horse care practices, effective and proper equitation, and also horse training knowledge and skills.

We have developed an easy to follow, progressive outline, in 3-ring binder format that is broken down into three (3-D) categories. "On the Ground" is knowledge that you and your horse can learn together before you ever get into the saddle, the foundation for all other dimensions. The second dimension, "Equitation" will provide you with the steps for developing effective and proper equitation. And, the "Training Under Saddle" dimension will give you the steps for training your own horse or filling in the holes on your already trained horse.

To order a copy, contact Marcia at 875-1309 or email marcia@mm-horsetraining.com.

3-D Rider Manual



Alyssa Virgin has taught Queenie to lower her head on command.

"Mother," said a little boy after coming from a walk. "I've seen a man who makes horses."

"Are you sure?" asked his mother.

"Yes," he replied. "He had a horse nearly finished. When I saw him, he was just nailing on his feet."

Youth Connections

To all the youth riders out there - if you didn't make it to last year's youth camp, consider registering for our 2007 youth camp July 10-12.

Davalee and Marcia develop the camp activities around concepts of partnering and leadership, not only with horses but also when campers interact with each other. Camp starts with the Pledge of Allegiance and orientation under the picnic tent. Campers are assigned partners from day one to help facilitate cooperation and a spirit of camaraderie. Campers also are engaged into conversations about expectations, safety and what constitutes good horsemanship. Marcia demonstrates the basics of proper equitation, and Davalee speaks on building character and other interpersonal skills.

The riding/horsemanship sessions are organized by skill levels of beginner, intermediate and advanced but are given code names of red, white or blue so that no one carries a label. Riding sessions run concurrently with character and leadership building exercises taught without horses. This

by Sue McMurray

system prevents campers from getting physically overtired and reinforces our program's mission and vision of helping youth become principled, good citizens.

On the last day of camp, those who have demonstrated a controlled lope in the outdoor arena and can execute a correct emergency stop are invited to go on a fun trail ride to the McMurray ranch, about an hour's ride through the woods. The campers bring a picnic lunch and enjoy the scenery before heading back to celebrate end of camp awards.

All campers are secretly judged during the three days of camp for horsemanship, leadership, partnership and other skills introduced at the beginning of camp. Those who have shown significant growth are recognized with special awards.

I hope this brief recap of youth camp is enough to give you a picture of the outstanding program Marcia and Davalee put on for our youth riders. The positive benefits our campers experience are more than can be put into words.

The Horse Dictionary

by the Horse

Arena - Place where humans can take the fun out of forward motion.

Bit - Means by which a rider's every motion is transmitted to the extremely sensitive tissues of the mouth.

Bucking - Counterirritant.

Crossties - Gymnastic apparatus.

Fence - Barrier that protects good grazing.

Gate latch - Type of puzzle.

Grain - Sole virtue of domestication.

Hitching rail - Means by which to test one's strength.

Horse trailer - Mobile cave bear den.

Jump - An opportunity for self-expression.

Owner - Human assigned responsibility for one's feeding.

Rider - Owner overstepping its bounds.

Farrier - Disposable surrogate owner useful for acting out aggression without compromising food supply.

Trainer - Owner with mob connections.

Veterinarian - Flightless albino vulture.



Alyssa Miller riding Echo during a clinic.



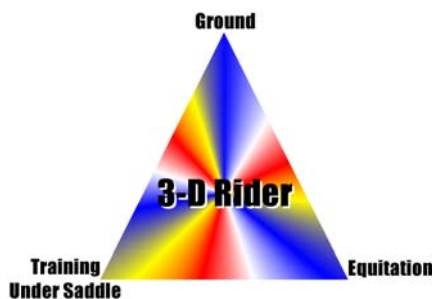
MM Training and Consulting offers a variety of programs to meet your personal and horsemanship development needs. Our first concern is always the safety of the horse and rider. It is our objective to develop horse and rider skills in an environment that encourages personal growth and fun.

Horsemanship 101

Horsemanship 101 is a program for first-time horse owners, beginning riders, or for people who have never ridden with us before. It covers basic horsemanship skills and terminology with a heavy emphasis on safety.

Youth Camp

The Youth Camp focuses on developing youth horsemanship and character. This clinic is a wonderful combination of fun and learning. For safety's sake, Horsemanship 101 is a pre-requisite for this clinic. Riders in this clinic must be able to lope their horse in a large outdoor arena comfortably and safely.



The 3-D Rider™ program focuses on three foundational cornerstones. Clinics are offered with a focus in one of the three areas. All three clinics combine to develop skills that lead to outstanding horsemanship...being a 3-D Rider.



Ground training - Focuses on developing rider's ground training skills and techniques. Includes hands-on round penning, lunging and leading exercises.

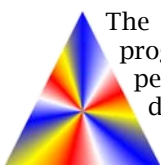


Equitation - Focuses on the rider's position in the saddle and developing the rider's ability to use their natural aids to work with their horse.



Training under saddle - Focuses on developing rider's ability to train the horse and offers immediately applicable horse training techniques

PYRAMID OF CONNECTION™



The Pyramid of Connection is a progressive program customized for personal, team and organizational development. This in-depth coaching program will help you reach your leadership potential and experience greater fulfillment in all of your relationships. Walk up the "connected path" with us and begin to live your best life today.

What color is your horse



This leadership development system is ideally suited to help you further develop all of your relationships, horse or human. The program is available through presentations, demonstrations, or clinics for personal, professional and horsemanship development. *Booklet available for \$10*



MM Training and Consulting
5985 Hwy 95
Potlatch, ID 83855
208.875.1309
www.mm-horsetraining.com

Calendar of Events

12

2007

March 1	Deadline for Early Bird registration for all clinics
March 10 - 11	3-D Clinic 1 - Ground Training
March 31 - April 1	3-D Clinic 2 - Equitation
May 5 - 6	3-D Clinic 3 - Training Under Saddle
May 19 - 20	Performance Coaching Clinic
June 21 - 24	Private Clinic at Suzy Epler's
July 10 - 12	Youth Camp

PRICES

Early Bird registration discount - register by March 1, 2007	\$25
3-D Clinic (per clinic)	\$150
3-D Clinic series (all 3)	\$375
3-D Clinic audit fee	\$25
Performance Coaching	\$75
Youth Camp	\$125

MM Training and Boarding Stables would like to acknowledge the people behind the scenes who help keep the barn running and the horses well cared for. Without the help of our barn crew, the facility wouldn't look or function the same. Our sincere appreciation goes to:

Don Nagle
Betty Nagle
Brandon Moore
Riley Moore
Joe Harrison
Rebecca Harrison
Rick Minden
Sue McMurray
Barbie Miller
Alyssa Virgin

Thank You!

Consider training with our dynamic, creative team at MM Training and Boarding Stables. To enroll your horse in training, call Marcia to arrange a schedule, and then submit a \$100 deposit to secure your dates.



MM Training and Consulting operate primarily out of MM Training and Boarding stables, located on Hwy 95 approximately 6.4 miles north of Potlatch.

If you would like to schedule an event at your location, call Marcia for rates and availability.



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Clinic Registration

You may use this registration form for all family members.
 Fill in the rider's name and select the clinic(s) the rider will be attending.
 Pay by March 1, 2007 to get early bird prices.
 Mail to the address above.

2007

1. Name: _____ Age if under 18: _____

<input type="checkbox"/>	3-D Clinic 1	Mar 10–11	\$150
<input type="checkbox"/>	3-D Clinic 2	Mar 31–April 1	\$150
<input type="checkbox"/>	3-D Clinic 3	May 5–6	\$150
<input type="checkbox"/>	Youth Camp	July 10–12	\$125
<input type="checkbox"/>	Performance Coaching	May 19–20	\$75

Subtotal _____

Discount for attending all 3-D Clinics -\$75

Early bird coupon for 3-D Clinics or Youth Camp -\$25

Total

2. Name: _____ Age if under 18: _____

<input type="checkbox"/>	3-D Clinic 1	Mar 10–11	\$150
<input type="checkbox"/>	3-D Clinic 2	Mar 31–April 1	\$150
<input type="checkbox"/>	3-D Clinic 3	May 5–6	\$150
<input type="checkbox"/>	Youth Camp	July 10–12	\$125
<input type="checkbox"/>	Performance Coaching	May 19–20	\$75

Subtotal _____

Discount for attending all 3-D Clinics -\$75

Early bird coupon for 3-D Clinics or Youth Camp -\$25

Total

3. Name: _____ Age if under 18: _____

<input type="checkbox"/>	3-D Clinic 1	Mar 10–11	\$150
<input type="checkbox"/>	3-D Clinic 2	Mar 31–April 1	\$150
<input type="checkbox"/>	3-D Clinic 3	May 5–6	\$150
<input type="checkbox"/>	Youth Camp	July 10–12	\$125
<input type="checkbox"/>	Performance Coaching	May 19–20	\$75

Subtotal _____

Discount for attending all 3-D Clinics -\$75

Early bird coupon for 3-D Clinics or Youth Camp -\$25

Total

4. Name: _____ Age if under 18: _____

<input type="checkbox"/>	3-D Clinic 1	Mar 10–11	\$150
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<input type="checkbox"/>	Performance Coaching	May 19–20	\$75

Subtotal _____

Discount for attending all 3-D Clinics -\$75

Early bird coupon for 3-D Clinics or Youth Camp -\$25

Total

Name: _____

Address: _____

Phone: _____

Email: _____

Total from #1 _____

Total from #2 _____

Total from #3 _____

Total from #4 _____

Total Due

Note:

Space is limited. Sign up and pay early in order to guarantee your spot. For the 3-D Clinics, preference will be given to riders that sign up for all three clinics. Spaces will then be filled with the riders that sign up for individual clinics.

We offer a limited number of stalls on a first pay, first-choice basis. To reserve a stall, please contact Marcia for stalling options and submit the appropriate amount with your clinic deposit(s). Other options include tying up to your trailer or bringing your own portable corral if you are camping overnight and will be in close proximity to your horse. Sorry, no RV hookups are available.

Coupon good for \$25 off registrations for 3-D Clinics or Youth Camp.
 Payment must be received in full by March 1, 2007 in order to qualify.
 One coupon per person.



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